



Global Interconnectedness

The Biodynamic Craniosacral Therapy Association
Of North America
Virtual Breath of Life Conference
September 2 – 4, 2022

The BCTA/NA Board of Directors and the Conference Committee invite you to join us at the 2022 Virtual Breath of Life Conference.

Welcome to a place where we can dream a global vision for Interconnection within the BCST worldwide community. Our panel of presenters is ready to educate and inspire you.



Jamie Figueroa



Katherine Ukleja



Anna Meyer



Mary Ganzon



Thalbert Allen



Bill Harvey



Rostislav Nedosekin



Candice Marro



Liza Borodkin



Kathy Clayton



Andraly Horn



John Wilks



Carey
Benenson Taussig



Paolo Casartelli



Ayo Handy-Kendi



Schedule of Events

OPENING CEREMONY AND CONFERENCE

Friday, September 2, 2022

All times are listed in Eastern Daylight Time

11:00 am: Welcome - **Jennifer Song and Mimi Iklé-Khalsa**

11:15 am: **Jamie Figueroa, MFA - *Engaging Our Sovereign Heart***

With a deep acknowledgement for the unique times we find ourselves in, Jamie will lead us in affirming the sovereignty of our own hearts not only as a divining rod or inner altar, but also as an eternal energy to source our highly attuned presence and response to the ever-shifting unknown. Weaving her own cultural connection and drawing on the greater tapestry of the mythic world, Jamie will uplift that which moves behind and beneath, a summoning of the unseen waiting for our invitation and collaboration.

12:00 pm: **Katherine Ukleja, DO, RCST® - *Wholeness***

The embryo's earliest gestures are about connection; implanting, co-creating the placenta, meeting the mother belly to belly. The tidal motion of primary respiration is embedded in the rhythms of the natural world, and beyond that in the non-material realm of the divine, the universal. With suffering, with overwhelm, we fall apart and lose that sense of connection. The practice of craniosacral biodynamics has the power to realign us to the wholeness that lies beneath.

1:45 pm: Break

2:00 pm: **Anna Meyer, BCST Practitioner, Usui/Holy Fire Reiki Master and HeartMath Certified Trainer – *Restorative Connection with Ourselves, Each Other, and the Natural World***

Shifting toward a deeper understanding of our interdependence and creating mutually restorative connection while living within systems of colonization and white supremacy.

3:45 pm: Break

4:00 pm: **Bill Harvey, MA, CAR, ISBCT - *From Embodiment to Enspiritment***

Mudras to foster a greater sense of compassion, self-reliance, service and reverence, while reducing ego-grasping and the need to be right

5:45 pm: Break

6:00 pm: Auction Winner Announcement

6:15 pm: **Mary Ganzon, RCST® – *The Spaces in Between*** Because arriving is a process, we'll take time to do that. Arrive. Welcoming what we're bringing in and the spaces between them... between the thoughts, the space between the words, the space between the breath.

7:00 pm: **Small Group Networking**

DISCLAIMER: The schedule and presenters may be subject to change. Your understanding is appreciated.



Schedule of Events

CONFERENCE

Saturday, September 3, 2022

All times are listed in Eastern Daylight Time

10:00 am: **Small Group Networking**

11:00 am: **Thalbert Allen, BCST, Chi Kung –
*Balancing the 5 Elements in the Body***

A sequence of movements will be done in a seated position (using a chair) enabling the practitioner to enter a bioenergetic state using intention and breathing techniques.

12:00 pm: **Rostislav Nedosekin, BCST -
*Impacts of Communication & Language on
Therapy and Client Health***

Rostislav Nedosekin offers a holistic view on the built-in healing forces on the body and mind level and how to engage with them in our therapy.

1:45 pm: Break

2:00 pm: **Candice Marro - BCST and E.M.I
Certified Mindfulness Teacher,**

P.E.A.C.E.® school founder, author –
Wise Bodies Education

Candice Marro offers a body-oriented mindful education that allows children and future adults to become aware of and experience a sense of connectedness to themselves, others and the environment.

3:45 pm: Break

4:00 pm: **Liza Borodkin, CST -
*Uniting Cultures Through the Tide***

The slower biorhythms connect us to universal forces that are beyond culture and conditioning with which anyone can have a meaningful relationship with biodynamic work. Having introduced Craniosacral therapy to the middle-east, Liza has supported women to seek professions that they called their life's work. Liza has found her verbal skills act as an extra set of helping hands even in mostly-silent Biodynamic sessions. She will be sharing some basic guiding principles behind verbal skills that are particularly useful in trauma resolution work.

5:45 pm: Break

6:00 pm: **Award Ceremony**

6:15 pm: **Kathy Clayton, Licensed Massage
Therapist, Craniosacral Therapist, Spiritual Healer
– *We Are One***

Let's expand our awareness of the world to sense how everything on the earth plane is interconnected.



Schedule of Events

CONFERENCE AND CLOSING CEREMONY

Sunday, September 4, 2022

All times are listed in Eastern Daylight Time

10:00 am: **Small Group Networking**

11:00 am: **Andraly Horn, LMT, BCST –
*Transparency to the Natural World***

Synchronizing with the movement of one's breath can bring us into the present moment that gives us the potential for embodiment. Being embodied can create a sense of calmness and transparency. This sense of transparency is an expression of the stillness that we feel while connecting to the natural world.

12:00 pm: **John Wilks, BTAA, MA –
*Healing the Earth, Healing Ourselves – the power of Craniosacral Therapy to bring coherence in extremely challenging times***

In this presentation John Wilks will explore the power of Craniosacral Therapy to reconnect with the body, soul, spirit, and the earth and how we can facilitate healing from the point of view of connection to supremely powerful forces that are all around us but that many people seem to feel disconnected from.

1:45 pm: Break

2:00 pm: **Carey Benenson Taussig, DO (MP) –
*The Hive Mind And The Endocrine System***

Our immune systems mirror a certain frequency and certain viscera tune into the reactivity (inflammatory response) and inactivity (suppression) which biodynamic practitioners often feel and see clinically; especially with "long virus" syndromes we are learning more and more about. The practitioner as the "bee-ing" keeper holding the fulcrum as the intelligence of the organism works.

3:45 pm: Break

4:00 pm: **Paolo Casartelli, M.A., PsyD, BCST, LCPC & Giulia Musumeci, Bio Mindfulness -
*Shared Humanity and Diversity***

Stillness could be a third space, a neutral and inclusive space where we can simply be. We would like to orient and touch the deep core of our shared humanity, beyond cultural, religious, political or sexual differences.

Diversity could be regarded as a source of strength, as a resource for making life experiences capable of including different views and wisdoms about self and the world. In this Spirit it is important to integrate different skills and open networking dialogue with all those professionals involved in health care (from the shaman to the doctor, from the craniosacral therapist to the psychotherapist).

5:45 pm: Break

6:00 pm: **Ayo Handy-Kendi, The Breath Sekou, CB, CTF, CLYL/CLYT, Reiki Master -
*Deepen Heart Connections With Breathology***

This session will help us re-connect on the heart level beyond the intellectual mind, using deep breathing, visualization and sound, transporting us to our inner child to our present moment, opening ourselves to greater intimate inner and outer compassion, self-love, self-care and positive, productive relationships.

6:45 pm: Gratitude to all our attendees, presenters, sponsors and committee members!



Silent Auction

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Thank you to our Teachers
for their silent auction
donations benefiting the
Abramson Educational
Fellowship Fund

Silent Auction opens Aug 15
More info at Craniosacraltherapy.org

Attendance at this conference fulfills
one of the BCTA/NA self-care
requirements for membership renewal.



Registration information can be found at
craniosacraltherapy.org/conference-2022



Conference Sponsors

Biodynamic Cranial School of Divine Structure
Charlemont, Massachusetts



Dr. Kate Klemer, RCST®, DC
drkateklemer.com

This is one of the most in-depth trainings you can take in cranial work! This is a two-year part-time training. Dr. Kate's teaching is based in clinical practice since 1989. Her teaching is informed by being with patients, practicing cranial work and observing the magnificence of this form of healing.



ALCHEMICAL ALIGNMENT:
BODYWORK FOR TRAUMA RESOLUTION
AND EMBODIMENT OF SPIRIT™

Brigit Viksnins MAT, SEP, RCST®, LMT
alchemicalalignment.com

Are you a sensitive, intuitive healing arts practitioner looking for an advanced somatic training which includes safety and danger dynamics? Many BCST grads agree that the AA virtual training is an auspicious next step in their education. Please come to our weekly and monthly virtual events for practitioners, found at Maintain Alignment Mighty Network.

Heartwaves Healing Institute
Glen Echo, Maryland



Mimi Ikle-Khalsa, RCST®, LMT
heartwaveshealing.com

One of the greatest benefits of being in a BCST training is the practice of finding one's self. Not only can we enter into our unknown terrain in a safe and supported way, but we can unearth our greatest gifts. By learning to be in a truly neutral and loving state with our clients we inevitably cultivate a greater love and acceptance for ourselves.

School of Inner Health
Denver, Colorado



Margaret Rosenau, MA, RCST®, SEP, APP
schoolofinnerhealth.org

I love to teach from a place of depth & breadth – to bring the big picture into the specific moment & relate a specific experience to larger contexts. The ability to see the whole while relating to the details is the magic of Biodynamics. I have a strong desire to make embodiment & the aliveness within one's self & in the world accessible and real to students.

Prenatal and Perinatal Healing
Online Learning Center



Kate White, MA, BCBMT, RCST®, SEP,
CEIM, PPNE, PLC
ppncenter.com

Center for Prenatal and Perinatal Programs
We offer training and educational programs about prenatal and perinatal somatics.

Thank You to Our Generous Sponsors!

The BCTA/NA 2022 Conference Committee hopes you have a wonderful time at the Breath of Life Conference. We look forward to seeing you in person in 2023.