



# 2022 Annual Membership Report

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## Our Mission

*Through the practice, teaching, and sharing of biodynamic principles, we empower personal, relational and global well-being by encouraging awareness of the Inherent Health and Wholeness embodied in all.*



## Letter From Our President

Over the past year as your president, it has been a true privilege to hold the larger field of our association, connecting and supporting colleagues globally. The ongoing world pandemic has given us the precious gift of getting to know more of each other, across geographical distances. Seeing your faces online through Zoom connections continues to warm my heart.

The BCTA/NA Board of Directors is proud of what has been accomplished this past year in support of our profession. Please read ahead as we reflect on where we have been. In the year to come we have more plans to bring you enrichment, connection and deepening in the work we all love.

Thank you for being a member of our community, and for your practice and study of biodynamic craniosacral therapy in this time of accelerated change and challenge.

Warm Regards,

A handwritten signature in black ink that reads "J Song".

Jennifer Song  
BCTA/NA President

## Special Recognition



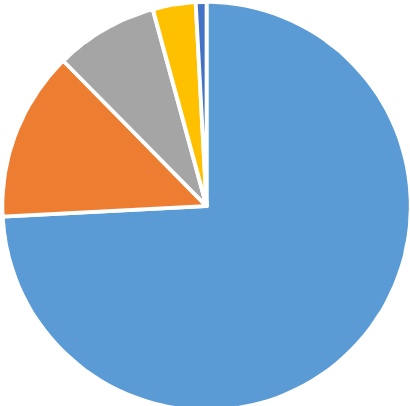
At the 2021 Virtual Conference Karen Henderson was awarded the 2021 BIPOC Grant for Excellence in Community Service. Karen's passion is working with people with trauma and PTSD. She is a uniformed services veteran and has founded the Veteran's Resiliency Holistic Clinic. It is a free walk-in clinic for military veterans suffering from post traumatic stress disorder. .



Also at our conference, Michael Shea was awarded a Lifetime Achievement Award for his contributions to our field. Michael is a founding Board Member with BCTA/NA and is one of the preeminent educators and authors in the fields of somatic psychology, myofascial release and craniosacral therapy. He leads seminars throughout the U.S., Canada and Europe.

# Membership

Membership has leveled off during the pandemic as many of our members were out of work. However, we still maintain a high number of members who are enjoying the benefits we have to offer.



- RCST - 437
- Students - 79
- Teachers - 48
- Associates - 20
- Affiliates - 5

# New Teachers

Please welcome our new teachers for 2021!  
Lucie Mitchell, Christel Libiot, Kjara Brecknell, Stephanie Rogers, Mike Duggan, Sarah Lawson, Vanella Lilley, Sheryl Hamilton, Mary Maruca, James Foulkes and Pragyana Buzollo



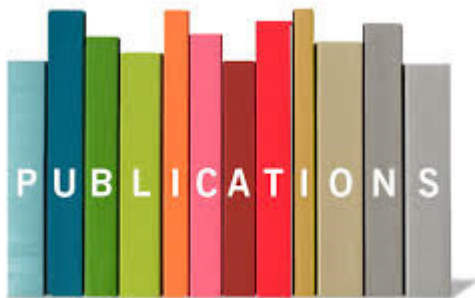
# Membership Resources



In 2021 we held a number of Member Connection Circles and Meditation sessions. This is a wonderful way for our members to connect with each other and discuss various topics of interest.



The Professional Enrichment Series continued in 2021. We hosted a number of seminars to educate our members, including: The Teachings of Rollin Becker with Scott Zamurut, The Breath and its Connection to Autonomic Nervous System Balance with Josef Steiner, Three Stone Stories: About Resourcing and Secure Attachment with Brigit Viksnins, The Contributions of Robert Fulford with Roger Gilchrist and The Contributions of James Jealous with Michael Shea. We will continue these highly attended seminars in the coming year.



The Publications Committee continues to inform our members monthly through The Tide, our monthly newsletter. We also publish a professional journal at the end of each year. This year The Cranial Wave was redesigned and featured original artwork on the cover by one of our members.



One of our newest resources for our members is an LGBTQIA+ Resource page on our website. There you can find books, videos, podcasts, people to follow and many other resources to educate and inform you.

Visit [www.craniosacraltherapy.org](http://www.craniosacraltherapy.org) and log in as a member to check out the resources available to you!

# Raising Awareness



## Global Outreach

An important part of our work is outreach to organizations in other countries to exchange information on how we can help the world better understand biodynamic craniosacral therapy. Activities in the past year include:

- Engagement with the Craniosacral Therapy Association (CSTA) in the UK on continuing to work in the time of COVID, including ideas on virtual settling sessions.
- Participating in International Awareness Week which is held in October.
- Attending zoom calls with ECSAN members as they formalize their network into an association and renew their charter.



## Our Right to Practice

The BCTA/NA Judicial and Governmental Review Committee (JGRC) continues to communicate national and local issues that impact our members by encouraging them to become more involved in their state and local legislation and regulations by contacting their lawmakers and regulators. Our intention is to empower our members around their right to practice, to increase the number of eyes and ears on legislative and regulatory issues, and to further educate the public about the benefits of Biodynamic Craniosacral Therapy.

The JGRC was in communication with BCTA/NA members from Massachusetts, Ohio, and Kansas, advising and providing information regarding proposed bills and their impact on right to practice.

The JGRC responded to questions from members and the public regarding licensure requirements for the following states: Florida, Oregon, California, Vermont, Colorado, Hawaii, New Hampshire, and Maine

The BCTA/NA will be represented again this year at the 2021 Federation MBS Annual meeting in Memphis, TN, April 15-16, 2022. The Annual meeting is a forum for communication among its members and non-profit professional organizations with related concerns.

For the full report, please visit <https://www.craniosacraltherapy.org/protecting-our-right-to-practice>.

# Opportunities to Get Involved

## Volunteer

Do you have a special skill you would like to share with the Association? We welcome your talents and look forward to hearing from you about ways you can contribute. Currently we are searching for someone with a financial background and someone with who loves social media. Let us know how you would like to volunteer your time and skills.

## Write

If writing is your passion, the Publication Committee is always looking for articles for the monthly newsletter and the Cranial Wave. Articles for the newsletter can be as short as one or two paragraphs. Book reviews, member spotlights, personal musings and poems are welcome. Articles for the Cranial Wave are more professional in nature and can be as long as 4,000 words. For more information, contact Pam Hower at [admin@craniosacraltherapy.org](mailto:admin@craniosacraltherapy.org)

## Donate

There are many ways to make a donation to the BCTA/NA to help support the growth and development of our Association and its members! The Nothnagel Scholarship fund helps members in need attend the BCTAN/NA Breath of Life Conference or educational programs (such as BCTA/NA-sponsored online classes). A General support contribution will help provide funds for educational programs, support our Right to Practice and will bring new and enhanced resources to our membership. The Stephanie Abramson Educational Fellowship Funds will be used to assist Black, Indigenous, and other students and practitioners of color in learning Biodynamic Craniosacral Therapy and sharing the work in support of their communities. To make a donation, please visit the BCTA/NA website at [www.craniosacraltherapy.org](http://www.craniosacraltherapy.org).

## Become a Board Member

The BCTA/NA Board of Directors is looking for new Board members. This is a great way to get involved with the association and help bring our work into the community.

## BoL Conference

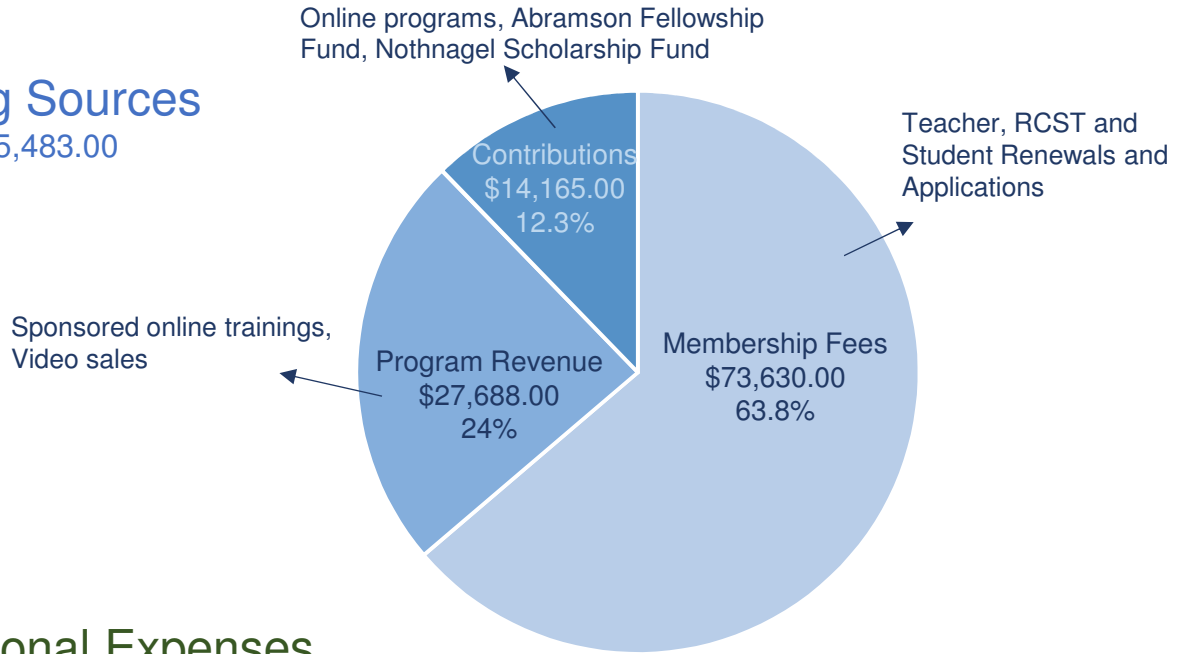
The BCTA/NA Conference Committee is hard at work planning the 2023 Breath of Life Conference. We are very excited to be able to celebrate our 25<sup>th</sup> Anniversary with our members in-person! For more information please visit [www.craniosacraltherapy.org](http://www.craniosacraltherapy.org).

# Financial Report

## for the year ending December 31, 2021

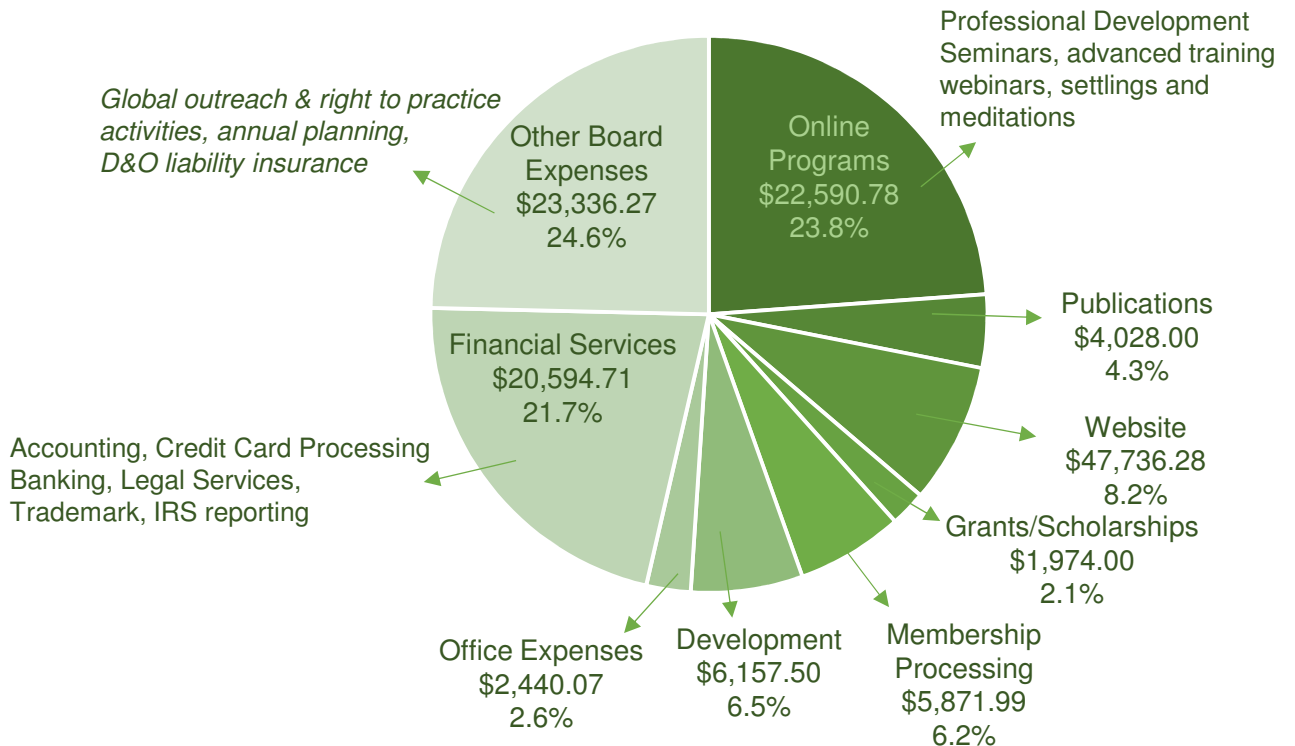
### Funding Sources

Total \$ 115,483.00



### Operational Expenses

Total \$ 94,729.59





## Board of Directors

Jennifer Song, RCST® – President  
Fred Snowden, RCST® – Treasurer  
Gayle Buchner, RCST® – Secretary

Felicity Bensch, RCST® – Director  
Elizabeth Hammond, RCST® – Director/Teacher  
Linda Robinson, RCST® – Director

## Business Operations Team

Pam Hower  
Sheryl Lee  
Fred Snowden

## Committees

**Applications Committee -  
Sub-Committees RCST® Non Normative  
and Teacher Approval**

Chair – Elizabeth Hammond, RCST®

**Conference Committee**

Chair – Jennifer Song, RCST®

**Ethics Committee**

Chair – Linda Robinson, RCST®

**Finance Committee**

Chair - Fred Snowden, RCST®

**Global Outreach Committee**

Chair – Felicity Bensch, RCST®

**Judicial & Governmental Review  
Committee (JGRC)**

Chair – Edwin Nothnagel, RCST®

**Member Relations**

Chair – Jennifer Song, RCST®

**Publication Committee**

Chair – Ilene Antelman, RCST®



The Biodynamic Craniosacral Therapy Association  
of North America

[www.craniosacraltherapy.org](http://www.craniosacraltherapy.org)  
[admin@craniosacraltherapy.org](mailto:admin@craniosacraltherapy.org)