

**Myrna Martin, RCST®, RN, MN, RCC (Registered Clinical Counsellor)**

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Year became RCST: 2001

Year became Approved BCTA/NA Teacher: 2005

Business Name: Myrna Martin

Primary Location: International – Travelling around the world, especially facilitating Advanced Trainings in Working with Babies, Children and their Families

**Biography:** Myrna has 45 years experience working therapeutically as a nurse, family therapist and craniosacral therapist. She was Director of Nelson and Area Mental Health Services for many years. For the past 20 years her private practice is focused on early trauma resolution with babies and children and their families, and adults. She has taught seven 2- 3 year Pre and Perinatal Professional Trainings in the USA and Canada, does womb surround process workshops around the world. Myrna's next Professional Training is in Santa Cruz beginning Nov. 1, 2018. Myrna is Director of the EarthSky Foundation which offers education in Pre and Perinatal, Somatic Trauma Resolution and Biodynamic Craniosacral Therapy.

**Teaching Style:** Classes are very personal, interactive, intimate, clear, and experiential. I provide wonderful notes, research, and articles as background.

**Training Programs are** both day and residential.

I am not teaching Foundation Trainings in BCST at the present time; I am focusing on Pre and Perinatal Trainings which are highly valued by many disciplines including RCST®

Practitioners. There are two week Residential Programs, or 10 module, 5 day programs over 2-3 years, or Advanced Craniosacral Courses of 4 or 5 days.

**Average Class Size:** 12 – 18 is my perfect class size

**Maximum number of students:** 21

**Teaching Staff to Student Ratio:** At least 1 to 3 participants

**Related/Advanced courses:** Pre and Perinatal Professional Training and Summer Intensives, One day seminars, and Advanced BCST Training in Working with Babies, Children and Families.

**Tuition:** Usually \$1000 tuition for a 5 day module, residentials are \$1600 for 10 days, plus room and board.

**Required activities/fees:** Study sessions between participants, often with TA support.

**Support Materials:** Books; in the PPN Professional Training a cloth doll and pelvis. Extensive notes are provided.

**Distinguishing Class Features:** I definitely provide between class support, as do my TA's, the class size is small and personal, with very substantive supports from myself and the TA;s. We do tutorials in between classes often and follow up as participants begin their practice. I have extensive practice experience integrating BCST and Pre and Perinatal work that brings life to everything I teach.