



**Biodynamic Craniosacral Therapy Association of North America  
View on Massage Legislation  
June 2016**

The Biodynamic Craniosacral Therapy Association of North America (BCTA/NA) is a non-profit organization supporting practitioners and teachers of the biodynamic model of craniosacral therapy, as developed by Franklyn Sills, in the lineage of William Garner Sutherland, DO, and others. BCTA/NA was founded in 1998 and incorporated in Canada as a not-for-profit in January 1999. Subsequently BCTA/NA was incorporated as a non-profit in the US in February 2006.

This organization was founded to establish a curriculum, approve teachers and recognize, register and provide a referral service for Registered Craniosacral Therapists (RCST®s). The BCTA/NA also educates the public about the practice of Biodynamic Craniosacral Therapy. BCTA/NA maintains a Standards of Practice, a Code of Ethics, a Grievance Procedure, Educational Guidelines and a Teacher Approval process.

BCTA/NA currently has 450 RCST®s members working and 43 Teacher members in the United States, Canada, United Kingdom, India, Australia, New Zealand & the Bahamas.

Certification training consists of 700 hours: 350 hours of classroom instruction, 150 hours of sessions performed on non-paying practice clients outside of class, 150 hours required independent study, 40 hours of independent project and 10 hours of sessions received from a RCST®.

BCST helps resolve the trapped forces that underlie and govern patterns of disease and fragmentation in both body and mind.

This involves the RCST® "listening through their hands" to the body's subtle rhythms and any patterns of inertia or congestion. The person receiving the session is fully clothed, sitting in a chair to start and then lying on a massage table in a supported and comfortable way. Through the development of subtle palpation skills, the RCST® can read the story of the body, identify places where

issues are held and then follow the body's natural priorities for healing as directed by the patient's physiology.

The Biodynamic Craniosacral Therapy Association of North America (BCTA/NA) supports legislative changes or developments which promote transformative influences in healthcare, and in wellness education.

When regulation is required BCTA/NA promotes the use of creative approaches which allow for protection of the public, while not restricting the growth of existing or new professional practices.

BCTA/NA supports the individual or combined efforts of other related organizations in their efforts to protect the right to practice of their qualified members, their unique scope of practice, and to promote overall freedom of choice for consumers.

BCTA/NA is opposed to legislation by which a massage therapy education and license is required for practitioners of BCST or inclusion of language defining BCST (energy work) as within the scope of practice of massage therapy.

The BCTA/NA Judicial & Governmental Review Committee (JGRC) works with BCTA/NA members to assist in the exemption of Biodynamic Craniosacral Therapy (BCST) from state massage therapy governing organization regulations and licensure in congruence with the BCTA/NA Mission Statement and the commitment to "maintain the highest professional standards for practitioners, teachers and students of BCST." The JGRC also educates the public and legislators about BCTA's distinct identity and works to maintain BCTA's autonomy. The goal of the JGRC Committee is to support BCTA/NA members' right to practice.