

Remote and Distance Sessions Policy Statement

Our Commitment to Professional Standards and Innovation

At BCT/NA, we deeply value the dedication and creativity of our practitioners as they explore new ways to serve their clients and communities. We recognize that the field of therapeutic practice continues to evolve, and we honor the innovative spirit that drives practitioners to seek meaningful connections with those they serve.

Current Standards Framework

Our current Standards of Practice and Code of Ethics were developed to ensure the quality of care within the traditional in-person model of Biodynamic Craniosacral Therapy. At this time, online and distance therapy modalities are not specifically addressed within these established standards.

As a result, the Association does not make an official statement endorsing or supporting distance/remote sessions as Biodynamic Craniosacral Therapy (BCST) under our current framework. This position reflects our commitment to maintaining clear boundaries and standards rather than a judgment about the potential value of distance work.

Supporting Professional Growth

We want to emphasize that our inability at this time to endorse distance/remote work as BCST related to distance/remote therapy is not intended to judge the efficacy of, limit innovation, or stifle the natural evolution of therapeutic practice. Instead, these guidelines exist to:

- Protect the integrity and reputation of our Association
- Ensure consistency in training and practice standards
- Maintain clear professional boundaries for both practitioners and clients
- Preserve the foundational principles that define Biodynamic Craniosacral Therapy

Moving Forward Together

We encourage ongoing dialogue within our community about the future of therapeutic practice. The Association remains open to examining how our standards might evolve to address new modalities while maintaining the essential qualities that make our work distinctive and effective.

We support our practitioners in their professional development and recognize that many are called to serve in diverse ways. We ask that any distance or remote work be clearly distinguished from Biodynamic Craniosacral Therapy as defined by our current standards, while honoring the practitioner's broader scope of healing work.

Guidelines for Practitioners Exploring Distance Work

As with any therapeutic work, it is ethically important to obtain clear, informed consent from recipients each time we provide distance therapy. This includes explaining the nature of the work and its differences from in-person Biodynamic Craniosacral Therapy.

We advise practitioners to research and secure appropriate liability insurance coverage and understand HIPAA requirements for online or phone-based work. These protections are for both practitioner and client.

Our Shared Values

This policy reflects our shared commitment to:

- Professional excellence and integrity
- Clear communication with clients about the nature of services provided
- Respect for the established foundations of our practice
- Support for the ongoing growth and evolution of our professional community
- Ethical practice that prioritizes client safety and informed consent

We appreciate your understanding and continued dedication to the standards of practice within our field.

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