



ARWEN MILROY RCST®

2026 Candidate for the BCTA/NA Board of Directors



BIOGRAPHY

Arwen Milroy has a background in molecular chemistry, metabolomics, cellular and microbial biology, and water physics. She has a MS degree in horticulture studying botanical medicine. She has had a full time BCST practice in Crestone, Colorado since 2021.

STATEMENT / LETTER OF INTENT

I love this profession and I want to help set us all up for success. I don't really have the time to serve on the board, but my practices and passion have given me the capacity and I will make the time because it is that important to me. Governance should not be run solely by those who have the resources for leisure time and I fully understand the sacrifice someone in my age bracket takes on to do work like this.

As you can see I am not one for verbose letters and emails, but I am one for the structural integrity of institutions and ethical knowledge sharing. It's going to take collaboration and a Massive Amount of Discipline to conduct the amount of energy the association is needing to conduct to clear generations of inertia around the origins of this work, and the manner in which it is taught in order for us to usher in the next phase of advancement in this field.

I have my sleeves rolled up and I'm ready to do some heavy lifting to clear inertia in the field of the association and this profession as a whole. You'll find my intentions for the direction of the association discussed at greater length in my article published in this year's Cranial Wave entitled "Discovery." I am also in the process of starting my own non-profit and I would relish the experience that serving on this board will give me.

Thank you for your consideration.

QUALIFICATIONS

- Kaizan trained - continuous improvement of the process & workspace efficiency.
- Managed 300+ horticulture students and 5 graduate teaching assistants to optimize assignment organization, content, scheduling, and communication.
- Facilitated action to reach health & safety compliance standards as a graduate research lab managing assistant
- Liaison with visitors, technical/maintenance support staff, and other laboratory groups to ensure clear, jovial communication and rapid response.
- Excellent client management, cashier, customer service, & personal assistant skills.
- Served as one of the core members of the local Crestone/Baca Grande Preservation

Society working with local government to codify regulations on industrial utility zoning near the wildlife refuge.

- Keep teams on track by ensuring: easy absorption of complex concepts; invigorating and dynamic discussions; and clearly communicating goals, theme continuity, and investigative directions.