

Margaret Rosenau
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Degrees and Certifications

Master of Arts, University of Southern California, 2012
Biodynamic Craniosacral Therapist, BCST, 2007
Advanced Biodynamic Practitioner, ABP, 2007
Approved Teacher, Biodynamic Craniosacral Therapy Association of North America, 2006-present
Castellino trained Prenatal and Birth Therapist, 2004
Registered Craniosacral Therapist RCST®, 2003
Somatic Experiencing® Practitioner SEP, 2002
Horstmann Technique Practitioner, 1999
Polarity Therapist APP, 1998
Wesleyan University, Bachelor of Arts, 1991

Relevant Experience

1984-1986

Board Member, Play Mountain Place, Culver City, California

1996-1997

Studied Biodynamic Craniosacral Therapy, Somatic Experiencing and Polarity Therapy with Sharon Porter, Colorado

1996-1998?

Board Member, Art Realized From Totality Foundation, Crestone Colorado

1997- Present

Ongoing private practice in body-centered therapies including Biodynamic Craniosacral Therapy and Somatic Experiencing. I see clients with a variety of issues including physical and emotional traumas, auto accidents, abuse, surgical / medical traumas.

2000-2004

Polarity Therapist, Wild Oats, Golden, Colorado

2002-2007

Assistant to RCST® / BCST training for Colorado School of Energy Studies, Boulder, Colorado.

2004-2005

Biodynamic Craniosacral Therapist at Fontana Family Chiropractic, Evergreen, Colorado.

2005-2006

Biodynamic Craniosacral Therapy Teacher, Nelson, British Columbia

2008

Biodynamic Craniosacral Therapy Guest Teacher, Heartwood Institute, Garberville California

2008-2010 (?)

*Teacher Liaison, BCTA-NA Board of Directors
Did not serve a full term because of being a new mom.*

2013

Biodynamic Craniosacral Therapy Guest Teacher, Justice in the Body, Portland Maine

2013-2016

Board Member, The Patchwork School, Louisville, Colorado

2016-present

*Owner/ Director / Teacher School of Inner Health, Denver, Colorado
I have completed seven BCTA approved 700 hour Biodynamic Craniosacral Therapy Foundation Trainings as well as multiple introductions to BCST and courses on the nervous system.*

In Person Conference Presentations

Presenter, BCTA conference, North Carolina, 2008

Presenter, BCTA conference, California, 2010

Presenter, BCTA conference, Maryland, 2018

Presenter, BCTA conference, Colorado, 2023

Presenter, BCTA conference, Connecticut, 2025

Speaker on various podcasts as well including the Craniosacral Podcast.