



MARYANN HERKLOTZ RCST®

2026 Candidate for the BCTA/NA Board of Directors



BIOGRAPHY

I began my career as a physical therapist in 2000, graduating from Russell Sage College/Sage Graduate School with a BS/MS in Physical Therapy.

I began my career in the hospital setting, and continued on that road for many years. I began at an acute care/trauma hospital, then moved into the oncology setting in 2001 at Memorial Sloan Kettering, where I practiced for over 20 years.

After being promoted initially from a staff to a senior level therapist, I was promoted to a supervisor role in 2007.

My role as a supervisor evolved throughout my tenure. Much of my work involved supporting program and staff development, and ensuring the patients were receiving the highest quality of care. I remained active in providing direct patient care, while supervising a team of direct reports. In addition, a large percentage of my role was devoted to leadership tasks including: committee meetings; participation in research; oversight of existing programs; establishing new programs with interdisciplinary teams, for example, working with critical care service attendings, physicians, nurses, and ancillary staff.

Alongside my work in the hospital setting, in 2008, I began pursuing a more integrative way to practice with the hopes of supporting the healing process of my patients in the most whole experience possible. I wanted to better understand my patients and help them achieve a sense of overall balance and wellness, while promoting their healing and preventing other health concerns. It was then that I began what was to become an endless journey of training in different osteopathic approaches including visceral manipulation, biomechanical craniosacral therapy, and eventually finding my way to biodynamic craniosacral therapy.

Biodynamic craniosacral therapy enhanced the treatment I provided for my patients/clients, and also enriched my life in countless ways.

In 2021, I left the hospital, following my dream and calling to work privately and dedicate my work in providing this type of care

I see clients of all ages, infants to older adults, and feel so grateful to offer this work to others and support them in their healing.

STATEMENT / LETTER OF INTENT

I am writing to share my intention to serve as a board member of the Biodynamic Craniosacral Therapy Association of North America.

Having so much respect and appreciation for this work, and because of the experiences I have had in my previous work environment and roles, I believe I will be a valuable asset to this

board. I will be honored to support the association, the teachers, the students, the work and help to ensure this amazing therapeutic approach reaches as many people as possible.

For over 13 years, I was part of the leadership team of the Rehabilitation Service, under the department of Neurology, at Memorial Sloan Kettering. As a supervisor, I worked throughout the hospital in different services including surgical and medical acute care teams, ICU/Critical Care, and same day surgical services. Some of my regular tasks beyond direct patient care and individual staff development included:

- Oversight of existing programs
- Establishment of new programs with interdisciplinary team members
- Involvement in research
- Member of the Safe Patient Handling Committee
- Involvement in meetings with the Ethics Committee
- Supervision of the PT Residency Program
- Staff education via inservices and presentations
- Continuous assessment of operations to ensure the highest quality of care was being provided

I feel this experience provides substantial foundation for me to work with fellow board members to support the Association's reputation, voice, integrity, and growth.

I would be happy to be involved in different committees, where needed.

I have no conflicts of interest, and as a self-employed practitioner, I have the ability to set aside the time to be an ambassador to the Association.