



ROGER GILCHRIST RCST®

2026 Candidate for the BCTA/NA Board of Directors



BIOGRAPHY

I have spent a lifetime in clinical practice, organization management, and consultancy to the healthcare industry. My original experience was in mainstream healthcare, working as part of multidisciplinary teams—which honed my communication with the other healthcare professions. In addition to numerous conference presentations for the allied health professions, I was an invited consultant to the National Institutes of Health on the topic of energy medicine.

I studied Craniosacral Biodynamics with Franklyn Sills during a time when the biodynamic model was emerging and defining itself. I assisted Franklyn with BCST foundation trainings and several advanced seminars. My school sponsored Franklyn for an advanced seminar in Washington, DC in 2011. I was also mentored by Franklyn directly to teach BCST the way he intended.

I have taught foundation trainings in Craniosacral Biodynamics 28 times in various locations around the world. I also teach advanced seminars in the art focusing on professional acumen and clinical precision. In this field, I am the author of the book, *Craniosacral Biodynamics and the Energetic Body*, and frequently publish articles in the trade journals and magazines.

Previously I served on the Board of Directors for a different healing arts organization, and this experience will come to bear if I am elected to the BCTA/NA board. My interface with international associations for craniosacral therapy should help with coherency throughout the profession.

My goals for service to the BCTA/NA include establishing standards for teacher education, clarifying organizational policies, and consistently upholding the procedures that are the operational dynamics of the organization.

Given that I was a colleague, student, and supervisee of Franklyn Sills during the origins of Craniosacral Biodynamics, I hold a lens of history that can inform our present times. I believe that the professional organization having a clear awareness of its midline and integrity in its field is the recipe for successful growth of BCST.

STATEMENT / LETTER OF INTENT

Originally, nominees were asked to respond to seven questions/comment domains in their letters of intent. In the interest of simplicity, I have copied those below and provided my responses.

1. Why are you interested in serving on the BCTA/NA Board of Directors?

This is a critical time for BCTA/NA, partly due to Franklyn Sills' passing and the possible loss of organizational memory. Because I was trained directly by Franklyn and I have witnessed the evolution of BCST from a time before that term existed, I hold a historic awareness from origins to present time. I assisted Franklyn on training programs as BCST was developing and

my school sponsored him to teach an advanced seminar in Washington, DC in 2011.

I have previously served on Boards of Directors in healing arts organizations, and can bring that experience to serve BCTA/NA.

2. What do you hope to achieve or contribute during your potential tenure?

To help to realign the community with the foundational principles in the work. To ensure that BCTA/NA runs its operations based on the policies and procedures that are in place. Standards for Teacher Competencies are critical, and need to be developed for our organization.

3. What professional skills or expertise do you bring to the association?

Experience with BoD service; specific post-graduate training in “professional education” at the University of Michigan’s College of Education; over 40 years of clinical work as a therapist; psychotherapist training and skills, and expertise in group dynamics.

4. What past experience have you had with non-profit boards, committees, or volunteer organizations?

Most relevant is my service in two terms on the Board of Directors of the American Polarity Therapy Association. I have also worked with arts organizations, and have consulted with the National Institutes of Health.

5. Please be aware there is a time commitment required, typically three (3) to seven (7) hours a month (e.g., attending monthly meetings, reviewing materials, participating in committee work)? Yes.

6. Board members are expected to act as ambassadors for the association. Can you commit to the time required for community engagement and event attendance? Yes.

7. Are you aware of any potential conflicts of interest (personal, professional, or financial) that could arise if you serve on the board?

No, I am not aware of conflicts of interest. I have managed such situations before. To be fair, that is, to offer full disclosure, in addition to my BCTA/NA membership, I own and manage a school that teaches BCST internationally. I do not intend to use any Board appointment to leverage my school or its activities. I am conscientious about clear boundaries and relevant professional relationships.