

ROGER GILCHRIST

Wellness Institute, P. O. Box 928, Crestone, CO 81131 USA
Email: wellnessinstitute@yahoo.com, www.WellnessInstitute.net, 303-913-8334

Education: University of Michigan, BA, Psychology (1984)
University of West Florida, Master of Arts, Counseling Psychology (1988)
Karuna Institute, Diploma in Osteopathic Craniosacral Therapy (1998)

Current Position:

Founder and President of Wellness Institute, an international school for continuing education studies in complementary and alternative medicine. The school has graduated multi-year professional trainings in the USA, Australia, Europe, Mexico, and Russia.

Teaching appointments:

Wellness Institute (1991—present), Director of Education, training locations have included USA, Australia, Czech Republic, Russia, The Netherlands, and Spain.
Natural Health Academy of Australia (2004-2009)
Russian Osteopathic Academy (2006-2020)
New Mexico Academy of Healing Arts (1992-1995)

Clinical services positions:

Wellness Institute, integrated holistic health care practice currently based Crestone, CO; historically have managed clinical practices in Washington, DC and New York City. Private practice and director of multidisciplinary health teams. (1990-present)
Group Health Cooperative HMO, medical psychotherapist, Seattle, WA (1988-1990)
Lakeview Center, Inc., psychotherapist/Aftercare program director, Pensacola, FL (1985-1988)

Conference Presentations:

American Counseling Association, 1991, 1992, 1993.
American Polarity Therapy Association, 1990-1998 annually, 2003, 2005, 2009, 2012, 2014, 2026.
Biodynamic Craniosacral Therapy Association of North America, 2008, 2010, 2014, 2016, 2018.
Czech Craniosacral Therapy Association, 2017.
Institute for Integral Development, 1992-1994.
International Society for the Study of Energy Medicine, 1994, 1998.
Spanish Biodynamic Craniosacral Therapy Association, 2014.

Key Publications:

Craniosacral Therapy and the Energetic Body, North Atlantic Books, (2006).
Nervous System Resiliency. The Cranial Wave. BCTA-NA. (2015).
Appreciating lineage during Times of Change. The Cranial Wave. BCTA-NA. (2020).
The Essence of Energy-Based Medicine, Journal of the American Holistic Medical Association (1994).

I maintain relatively consistent publishing activity with the trade publications in integrative health care and complementary and alternative medicine. I list here only key publications that have relevance to Craniosacral Biodynamics.

Professional Service:

American Polarity Therapy Association, Board of Directors member (1992-1998)

American Polarity Therapy Association, Vice President (1994-1998)

American Polarity Therapy Association, Conference Manager (1993-1996)

Biodynamic Craniosacral Therapy Association of North America, Standards of Practitioner Competencies Committee (2013-2017)

Spanish Biodynamic Craniosacral Therapy Association, Consultant (2014)

Czech Craniosacral Therapy Association, Consultant (2016)

National Institutes of Health (USA), Center for Complementary and Alternative Medicine, Consultant, (1995)