

Ruti Wagaki, RCST®
BCTA/NA Approved Teacher
RutiHealth.com

Education

Cascade Institute of Massage and Body Therapies
Lane Community College, Performing Arts Department
Brandeis University

Work Experience

- Feb. 2026 - present BCTA/NA Approved Teacher**
Teacher, Biodynamic Craniosacral Therapy Foundation Training: Santa Fe, NM
- June 2021 - present Registered Craniosacral Therapist (RCST)**
Private Practice: Santa Fe, NM
Biodynamic Craniosacral Therapist, seeing 20-30 clients per week since 2021.
Attended Foundation Training with Scott Zamurut (Sept. 2017-June 2021).
- Aug. 2020 – Mar. 2021 Board of Directors, BCTA/NA**
Board Member: Biodynamic Craniosacral Therapy Association of North America
Committees served: Racial Equity and Inclusion (Chair), Ethics, and Publications
- April 2000 - present Teaching Assistant, Continuing Education Courses**
Upledger & Barral Institutes: USA; BCTA/NA Foundation Training: Santa Fe, NM
Teaching Assistant for Craniosacral Therapy & Visceral Manipulation classes.
Training began in 1999 with Upledger Craniosacral & Barral Visceral classes.
- Jan. 1997 - present Licensed Massage Therapist**
Private Practice: Santa Fe, NM; Eugene, OR; Portland, OR
Current New Mexico & Oregon Massage Licenses held. Trained in the following modalities: Visceral Manipulation, Craniosacral Therapy, MFR, Trigger Point Therapy, PNF, Structural Integration, Deep Tissue, Lymphatic, MET, Swedish, Acupressure, Reiki, Pregnancy, Postpartum, Qigong, and Remote Healing.
- Jan. 1997 - Dec. 2002 Massage School Instructor**
Cascade Institute of Massage and Body Therapies: Eugene, OR
Instructor for the following massage classes:
Deep Tissue, Body Rocking, Massage 1, 2, 3, 4
Student Clinic Supervisor
Academic Tutor, Study Skills & Written Board Exam Review Class Instructor
Assistant for MFR, Trigger Point, PNF, Massage 2,3,4.
- Feb. 1998 - Jan. 2000 Massage Board Examiner**
Oregon Board of Massage Therapists: Salem, OR
Examiner for the Oregon Board of Massage; testing massage license candidates who passed their written board exam and had to pass a practical "hands-on" exam to receive a Massage License.
- Sept. 1996 - June 1997 Hebrew Teacher**
- Sept. 1990 - June 1994 Temple Beth Israel: Eugene, OR**
- Sept. 1985 - June 1986 Teacher to children in grades 4, 5, 6 and 7. Subjects covered:**
Hebrew grammar and conversation.

June 1994 - Sept. 1994 Fire Fighter

United States Forest Service: McKenzie Ranger District, OR
Required Extensive skills and knowledge of fire suppression techniques, fuels management, and safety guidelines for the use of fighting forest wildfires.

Sept. 1991 - Jan. 1994 Youth Counselor

Young Judaea Youth Organization: Eugene, OR
Supervised four adult counselors while responsible for designing and executing educational and recreational activities for 70 youths, ages 8 through 18.

June 1992 - Aug. 1992 Tour Guide

Hadassah Youth Commission: NY, NY
Guided 40 American high school teens overseas. Taught history, and geography; coordinated administrative aspects of the tour.

July 1991 - Oct. 1991 Outdoor Leader, River Guide

City Parks and Recreation: Eugene, OR
Worked with various populations, including youth in substance abuse recovery, leading backpacking expeditions through the Oregon mountains, weekly river trips, team sports, and other outdoor activities.

Sept. 1986 - Jan. 1988 Teaching Assistant, Translator, Tutor

Department of Hebrew, Brandeis University: Waltham, MA
Responsible for assisting with instruction of large classes, monitoring test, translating oral proficiency tests, and editing texts written in Hebrew; tutoring Hebrew grammar, composition, and conversation to University students.

Additional Achievements

- * Published two articles in BCTA/NA's *Cranial Wave*, 2022 and 2023
- * Recipient of BCTA/NA Award for Excellence in Community Service, 2023
- * Conference Presentations: Peirsman CranioSacral Academy Summit, 2020; BCTA/NA 2021 Qigong class
- * Sofia University Global conference for Advancing Mental Health: panel participant, 2022
- * Certified Qigong Instructor (2014-present)
- * Dance Teacher Certification (Lane Community College, 1995)
- * National Endowment for Education Grant recipient: Hebrew Teacher Intensive '93, Brandeis University
- * Attended Somatic Abolition and Racialized Trauma trainings with Resmaa Menakem, 2020-2022
- * Volunteer for "Tomorrow's Women", a summer intensive for Israeli and Palestinian young women
- * Extensive teaching and guiding experience with people of all ages
- * Well-developed leadership and supervisory skills
- * Three decades of experience in running a business
- * Internal Family Systems trainings: individual, couples, group (1999-2004), w/ Richard Schwartz (2000)
- * Tai Chi, Qigong, Kung Fu, Kickboxing training since 1995; past Masters Track & Field: sprints, long jump
- * Fluent Hebrew language speaker,: some knowledge of French

References

Robyn Michele Jones, RCST, Approved Teacher, former Board President BCTA/NA robynmichelejones@gmail.com

Jennifer Song, RCST, Approved Teacher, former Board President BCTA/NA

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Paula Potts, RCST, M. Ed., BCPP, Published Author, Teaching Assistant

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