



SCOTT ZAMARUT RCST®

2026 Candidate for the BCTA/NA Board of Directors



BIOGRAPHY

Hi friends, my name is Scott Zamurut and here's my (short) story. I was born in Brooklyn, NY, and was raised in 1960's and 70's suburban fashion on Long Island. My time 'back east' finished up after I had earned a BA in Philosophy, and in my mid-20's moved to Colorado. I have family in Denver and had visited a few times, so like many before me I 'went west,' and after a year I moved up in Boulder, where I live today.

In the beginning of 1988 I was introduced to Polarity Therapy and received regular sessions. Soon my Saturn Return kicked into gear and I received specific guidance to attend massage school, where I could begin learning bodywork and pursue my interest in Polarity. It is said that at our Saturn Return we shift into gear in life, and bodywork, especially with an energetic orientation, was just my speed. This in turn led to connecting with Franklyn Sills through the Polarity world and shifting my focus to Biodynamics which is my primary professional focus, and has been since 1992.

While my professional life was coming into focus I put time into my personal interests hiking, yoga, and music. I've been a long-time listener until the day a musician friend put a drum in front of me, since then new rhythms that entertain me. Playing and jamming with friends led me to join a local band for a time, an entirely different arena of expression. I still enjoy weekly jam sessions with my musician friends exploring different rhythms through percussion.

I had moved to Santa Fe, NM, 9 years ago in support of all the teaching work I had cultivated in the City of Holy Faith. A couple of years ago my father became ill, and I was beyond fortunate to be with him when he passed—an experience whose lessons are still landing. As a result of this change in my family I returned to Boulder last year to be closer to my mom, sister, and especially my daughter.

STATEMENT / LETTER OF INTENT

I am writing today to request your vote and support to return to the Board of Directors of the BCTA/NA.

Nearly thirty years ago I served as a member of our founding board of directors, working with a small group of people to launch this association as a platform for the preservation and growth of Biodynamic Craniosacral Therapy. Our association got off to a good start and is today the natural fulcrum for Biodynamic practitioners and teachers alike.

Recently there has been important communications from fellow members of the association, and responses from the current board, that have attracted my attention. In reading these messages and in following up on the points raised through conversations with fellow

association members, I feel moved to offer my experience as a member of two boards of directors, and my love of Biodynamics, to our community.

Here is what I wish to bring to our association as a member of the board of directors:

1. Experience: I have served on our founding board, and also as a Vice President of the American Polarity Therapy Association during the height of its popularity in the early and mid-1990's. Both sets of experience give me a grounded understanding of the process of a functional board in action—how meetings are managed via working within well-recognized and field tested guidelines; the relationship between the board and the various committees—especially how an empowered committee supports the board through focused work on specific topics; and the areas of responsibility of the board and the association at large, with an eye towards supporting the mission of the association.

In my view the core mission of our association is the preservation and promulgation of BCST, primarily through a clear and grounded articulation of the core principles of BCST as the basis for congruent and meaningful standards of education and teaching.

I offer the experience and vision to support the board in being focused and functional in its meetings, communications, and processes, so that the association can fulfill its mission effectively.

2. My History: I was fortunate to be in Franklyn Sills' first North American training, and fortunate as well to be chosen to participate in the first teacher training group in North America. I studied with Franklyn and three of his Osteopathic colleagues from England, co-taught with two British D.O.'s as the final part of my teacher training, and also co-taught with two senior tutors from the Karuna Institute early in my teaching career. Through these experiences I carry a deep appreciation of the nature and history of BCST, and have traced and studied "cranial work" deep into its Osteopathic roots.

I have twice now served as a co-chair of the Standards Committee as I have a keen interest continuing to elucidate the core principles of BCST. As one of the longest tenured teachers in North America I am interested in ensuring that all facets of our education process reflect high and accurate standards, resulting in well educated practitioners and in truly qualified teachers, to bring our magnificent work to the world at large.

Beyond this I believe the association must offer refined guidance for continuing education. A foundation training is just that, a foundation upon which a fuller body of knowledge and experience is built—BCST is a lifetime commitment to learning.

At the inception of the association we sought out external expertise to advise us in key areas of association development, in particular in the area of education, teaching, and related standards. I believe that such expertise, which is available in the realm of education, standards, and curricula, could serve to benefit the educational domain of the association.

3. Community: With 30+ years of teaching experience I have been in connection with practitioners in many areas of North America, and other countries, who have found different foci for their practices. In recent years I have offered advanced mentoring which has put me in contact with people working to evolve their practice of BCST in the real world. And having

gone through this growth and development myself in my own practice I recognize the journey of Biodynamics in a very personal way.

Over the years the association has worked to offer us support for our practice of the work, to provide continuing educational opportunities of varying types, and in-person conferences which offer connection in ways that online offerings cannot touch. I would be interested in hearing from our membership about how these offerings have worked for them, and also to hear ideas for new ways to support and connect the world of biodynamic practitioners.

In sum, with your support I wish to bring grounded, time tested experience back to the board to strengthen and grow our community and our contribution to the world.

Thank you.