

## **PROFILE**

- 37 years experience as a bodywork practitioner.
- 36 years experience as an instructor in manual and somatic therapy education.
- 32 years experience as an instructor of Biodynamic Craniosacral Therapy.

## **CLINICAL EXPERIENCE**

**Private Practice:** Therapeutic experience with a wide range of somatic and psychophysical issues, primarily utilizing Biodynamic Craniosacral Therapy, supported by principles and wisdom from Polarity Therapy, Pre- and Perinatal healing, and shock/trauma resolution. I have maintained a private practice since 1989.

**Clinical Setting:** In an integrated medical center. Worked successfully in a multidisciplinary team setting under the direct supervision of a medical doctor. Clinical presentations are identical to those seen in private practice. Colorado Center for Bio-behavioral Health, 1990 through 1993.

## **TEACHING EXPERIENCE**

Primary Instructor in Biodynamic Craniosacral Therapy Practitioner trainings, Polarity Therapy trainings, Shock and Trauma Resolution trainings and Pre- And Perinatal Education trainings. Courses offered as a primary instructor since 1990, in affiliation with the educational organizations listed below.

**The Biodynamic Center, LLC.** Boulder, CO. I am the sole proprietor and instructor for the courses and mentoring opportunities I offer through my own organization. This organization took this name in 2025, and was founded in 1990.

**Crestone College of Structural Integration:** Crestone, CO. Faculty member: 2014 - 2017. Senior teacher in Pre- and Perinatal Education introductory and foundation trainings.

**Santa Fe School of Massage Therapy:** Santa Fe, New Mexico. Affiliated program instructor: 2012 - 2018. Senior teacher in Biodynamic Craniosacral Therapy introductory and foundation trainings, three foundations trainings graduated during this time.

**The Craniosacral Institute at the American School for Energy Therapies:** Watertown, MA. 1999-2003. Senior teacher in two Biodynamic Craniosacral Therapy Foundation Courses.

**Polarity Center of Colorado:** Boulder, CO. 1991-2001. Senior teacher in three Biodynamic Craniosacral Therapy Foundation Courses. Senior teacher in multiple Polarity Therapy Practitioner trainings.

**Boulder School of Massage Therapy:** Boulder, CO. 1990 through 1997. Taught “Introduction to Polarity Therapy” quarterly during this period. Taught “Quality of Touch” for five consecutive quarters. Assisted “Introduction to Polarity Therapy” in 1988 and 1989.

### **Individual Seminars and Trainings:**

- **Biodynamic Craniosacral Therapy:** Taught numerous Introductory, Foundation, and Advanced Mentoring Groups in Biodynamic Craniosacral Therapy. Locations include Colorado, New Mexico, Wyoming, Maine, Massachusetts, Minnesota, New Hampshire, New York, North Carolina, and Vermont.
- **Pre- & Perinatal Education:** Instructor in a complete training in Wyoming, 12 4-day modules, graduated in 2021. Co-teacher in a 16-day training on the Psychological and Somatic Impacts of Birth. Trainings in Crestone, CO., Denver, CO, and Williamsville, VT.
- **Shock and Trauma Resolution:** Taught various seminars on the energetic principles of shock and trauma resolution. Locations include Colorado, New Mexico, Wyoming, Illinois, New York, Maine, and Maryland.
- **Polarity Therapy:** Taught numerous Introductory and Practitioner Training seminars in various locations.

### **Assistant Teacher and Teacher Training:**

- **Osteopathy in the Cranial Field: “The Breathing Cranium.”** June 2026. Ron Murray, D.O. Santa Fe, NM.
- **Pre- & Perinatal Education:** 2002 through 2005. With Karlton Terry, Pre- & Perinatal Foundation, Intermediate, and Advanced Courses, Boulder & Denver, CO.
- **Biodynamic Craniosacral Therapy:** 1995 through 2002. With Franklyn Sills, co-founder of the Karuna Institute, Devon, England. Biodynamic Craniosacral Therapy Foundation Course. Boston, MA.- May 1998; Boulder, CO.- November 2002. With Katherine Ukleja, D.O., and Michael Kern, D.O. Biodynamic Craniosacral Therapy Foundation Course. Boston, MA.- 2001.

## **EDUCATION**

**Ron Murray, D.O.** Santa Fe, NM, Boulder, CO.

- On-going series of courses in Osteopathic manual therapy, 2019 through Present.

**Newfield Network, Inc.** Boulder, CO.

- The Theory and Practice of Ontological Coaching. July 2008.

**Robert Schrei**, Santa Fe, NM.

- Source Point Therapy. 2005 through 2006.

**Karlton Terry- Institute for Pre and Perinatal Education**, Denver, CO.

- Birth & Prenatal Trauma Resolution. 2000 through 2006.

**Group Leadership Trainings**, Boulder, CO.

- Person, Partnership & Community. February 2000.

**Karuna Institute**, Devon, England. Course in California.

- Biodynamic Craniosacral Therapy Foundation Course. May 1995.

**Polarity Balancing Center**, Boulder, CO.

- Polarity Therapy Training. June 1989.

**Boulder School of Massage Therapy**, Boulder, CO.

- Massage Therapy Training. June 1989.

**State University of New York (The University at Albany)**, Albany, New York.

- Bachelor of Arts in Philosophy, *Magna Cum Laude*. June 1982.

## **PROFESSIONAL AFFILIATIONS**

**Biodynamic Craniosacral Therapy Association of North America:**

- Founding Board Member
- Twice Co-Chair of the Standards of Practitioner Competencies Committee
- Approved Teacher

**American Polarity Therapy Association:**

- Past Vice-President

**American Bodywork & Massage Professionals:**

- Practitioner member.